



Brands that trust me



Watch my TEDx talk here

# Dhiren Harchandani

AUTHOR • ENDURANCE ATHLETE • TEDx SPEAKER • TRANSFORMATION ARCHITECT

Throughout my career, I've embodied what many see as traditional success, founding and successfully exiting multiple businesses. Nevertheless, my path was riddled with a multitude of challenges.

Missteps plunged me into deep personal and professional crisis, a 'rock bottom' With intense struggle and prolonged darkness.

The turning point came when I realized that true transformation begins with mastering the 'Inner-Game.' This insight was not just a lifeline; it became the cornerstone of my mission to impact **1 billion humans** to Master the Inner Game.

Today, as the founder of InnerGame Consulting, I am redefining how leaders and teams approach and manage change.

We tackle core challenges such as disengagement, heightened stress, resistance to change, and leadership hurdles. We offer innovative strategies that transcend conventional motivational tactics.

As a dedicated student of transformation and mentee of Dr. Joe Dispenza, I integrate a unique mix of disciplines in my methodology, including insights from neuroscience. This approach doesn't just address the symptoms of organizational challenges; it transforms them at the root by reshaping mindsets and redefining perspectives on change.

At InnerGame Consulting, we don't just navigate change – we embrace it, turning obstacles into opportunities for growth and innovation.

## What we solve for you



Lack of engagement



Change resistance



Elevated stress



Leadership challenges

# Why book Dhiren?



Do you find yourself asking, **“Is this the best use of my time?”**

Do you ever find yourself **stretched too thin?**

Do you **try to do it all?**

Are there times when **you don't feel alive and desirable?**

Do you feel like **you're constantly in motion but not getting anywhere?**



## Themes & Topics

- How to Master Your Inner Game for the Workplace
- Why your Inner Game is Paramount in the Age of AI
- The Essentialist Leader
- Lessons from Endurance Racing
- Stop Hitting “Rock-Bottom” with Meditation
- The Corporate Athlete
- Transform Your Business with Neuroscience  
(a program by Dr. Joe Dispenza)

**The Keynotes, Workshops and Retreats are designed for Corporate Teams. It can be delivered in 60 minutes, half/full day, or an off-site retreat format.**

[Book Dhiren →](#)

Email us at [transform@dhirenarchandani.com](mailto:transform@dhirenarchandani.com)  
Visit us at [www.dhirenarchandani.com](http://www.dhirenarchandani.com)

**DH** **DHIREN HARCHANDANI**

# What clients are saying about Dhiren

"His wisdom is powerful, evocative, and captivating."

**Dr. Ari Brown**  
Author of the 411 series



"It was one of our highest rated events. The value that Dhiren gave us with his keynote was eye-opening."

**Jyoti Pattni**  
Entrepreneur



"I recommend Dhiren's talk to anyone who wants to learn more about calmly navigating the chaotic waters of business and be able to thrive on the other side."

**Antony Tinker**  
Leading Director, ITS Leadership Ltd.



"He has the ability to bring out the best in the participants taking part in his training."

**Dr. Ahmmad Garatli**  
Founder, Gulf Business Training Corporation



"He makes the "inner game" relatable and actionable, all while weaving a moving story of his own experience."

**Christy Pretzinger**  
Owner & CEO, WriterGirl



"I recommend his workshops for all workplaces looking to provide healthier environments for all employees to benefit from."

**Ishana Tolani**  
Ogilvy



"Overall, the retreat was epic. The people - a small tribe with great vibe, excellent coaches, a lovely location with interstellar learnings under the skies."

**Rob Wilcocks**



"The retreat's learnings have given me a purpose to move forward in life and be a better person I used to be."

**Shristi**



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